

Fig. 1.



Fig. 2.



Fig. 3.



Fig. 4.

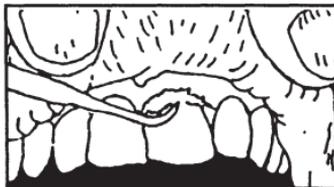


Fig. 5.

## FIRST AID KIT FOR TEETH INSTRUCTIONS

READ CAREFULLY ALL INSTRUCTIONS BEFORE USING THE KIT.

The Dentanurse kit is designed for first aid only and **SHOULD NOT** be used in cases of prolonged pain or where there is facial swelling. Prompt first aid however, will often prevent later complications, but professional treatment must be sought as soon as possible after first aid.

It must be stressed that to prevent cross-infection **ONE** kit should be used for **ONE** patient. However, the same kit can be used several times on the same patient.

**PROFESSIONAL HELP SHOULD BE OBTAINED AS SOON AS POSSIBLE, BUT IN AN EMERGENCY THE PROCEDURE MAY BE REPEATED IF NECESSARY.**

### HOW TO USE THE MIRROR

To obtain an angle, place the head of the mirror on a flat surface with the reflecting surface uppermost. Bend the handle forwards until it is flat against the reflector. This puts a crease in the neck of the mirror. The angle can be easily adjusted by the user (fig. 1).

**MODE OF USE:** (see fig. 2). The mirror is designed to be used in conjunction with another mirror, e.g. hand or wall mirror. Adjust the angle to get the best results. A good source of light is essential. The de-misting quality of the mirror can be enhanced by immersing the mirror head in warm water just before use.

### REPLACING A LOST FILLING OR BROKEN TOOTH

1. WASH HANDS THOROUGHLY.
2. Rinse the mouth free of food.
3. Use the Dentanurse mirror to visualise the interior of the mouth.

4. Using the Dentanurse multipurpose instrument's curved end, gently clear any particles from the cavity, (see fig 3). It is essential that no food be trapped in the cavity when inserting the Dentanurse filling.

5. Remove the caps from the tubes of Dentanurse base and Dentanurse catalyst, and using the top end of each cap, pierce the metal seals. It is important that the punctured holes are of equal diameter to ensure correct paste mix.

6. Measure equal amounts (2cms approx) each of base and catalyst onto the mixing tray, mixing both together thoroughly for ten seconds.

7. Gather the cement mixture onto the end of the spatula and allow to stand until the cement becomes stiff enough to roll between a thumb and finger. Place into the cavity, and press firmly with the plugger end of the multi purpose tool (Fig.4). The cavity should be filled to the rim and then the teeth closed together for five minutes.

After five minutes the excess material can be trimmed from around the cavity using the curved end of the multi purpose tool. Allow two hours after repair before eating.

8. Make the cavity as dry as possible and place in cavity with the finger, condense the filling with the plugger end of the multi-purpose tool. The cavity should be filled to the rim and the patient instructed to close their teeth together for five minutes. After five minutes, excess material can be trimmed from the edges of the restored cavity using the curved end of the multi-purpose tool. Allow two hours after repair before eating.

#### REPLACING LOST INLAYS

Lost inlays are best treated as lost fillings. The inlay should be put in a safe place until professional help is obtained, but the inlay cavity should be dressed with Dentanurse base/catalyst mixture as for a lost filling. Allow two hours after repair before eating.

#### REPLACING DISLODGED CROWNS AND BRIDGES

##### 1. WASH HANDS THOROUGHLY

2. Rinse the mouth free of food debris - use a toothbrush if available.

3. Use the Dentanurse mirror to visualise the interior of the mouth. Use the Dentanurse multi-purpose instrument's curved end to gently clear away any particles from around the tooth/teeth. This end should also be used to remove and old cement from the fitting surface of the dislodged crown or bridge.

4. Re-seat the bridge or crown back into the mouth. The patient will know when the bridge or crown is correctly seated, as they can close their teeth back together again comfortably. When satisfied that the seating is correct, remove the crown or bridge again.

5. Remove the caps from the tubes of Dentanurse base and catalyst and using the top end of each cap, pierce the metal seals. It is important that the punctured holes are of equal diameter to ensure correct paste mix.

6. Measure equal amounts (2cms approx) each of base and catalyst onto the mixing tray, mixing both together thoroughly for ten seconds.

7. Using the spatula, transfer the cement to the fitting surface of the crown/bridge and re-seat in the mouth as quickly as possible.

8. After ten minutes, use the tip of the multi-purpose tool CAREFULLY to remove excess cement from round the margin of the crown/bridge. (Fig. 5).

**DENTANURSE CEMENT IS PURELY TEMPORARY AND PROFESSIONAL HELP SHOULD BE OBTAINED AS SOON AS POSSIBLE. IN AN EMERGENCY THE PROCEDURE MAY BE REPEATED. ALLOW TWO HOURS AFTER REPAIR BEFORE EATING.**

Certain versions of the Dentanurse First Aid Kit for Teeth contain a sterile needle. This is for use by a Dental Professional in areas of the World where sterile needles are not always readily available.

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